



FOUR OF CUPS

M I N O R A R C A N A

Cup:
Gifts, Creativity,
Second Chances



Tree:
Meditation

Person:
Contemplation

Yes/No Reading:

Yes No Maybe

Names in Other Tarot Systems:

Golden Dawn: Lord of Luxury

Tarot of Marseilles: Four of Cups

Thoth: Luxury

			4, 13	4
PLANET Moon	ZODIAC Pisces, Scorpio, Cancer	ELEMENT Water	NUMEROLOGY	COUNT

Upright: Apathy, Boredom, Missed Opportunities, Remorse, Regret, Stagnant

The upright Four of Cups denotes a time of looking within oneself, pondering, and occasionally experiencing dissatisfaction with one's current state. Despite the universe offering opportunities and emotional adventures, a person may feel disconnected or uninterested, possibly due to a previous disappointment or an internal moment of reflection. The card portrays a feeling of emotional stagnation, where the present moment or available offers may not seem appealing or fulfilling.

Alternatively, the Four of Cups may warn against becoming too self-absorbed or disengaged from the world. It serves as a reminder that, while introspection is beneficial, it is equally important not to disregard the blessings and possibilities available. At times, this card implies that a person is so absorbed in their discontent or past regrets that they overlook valuable offers, lessons, or gestures of kindness right before them. It emphasizes the importance of finding a balance between introspection and external awareness.

Reversed: Sudden Awareness, Focus, Gratitude, Motivation, Acceptance

The Four of Cups in reverse suggests a shift in one's perspective, which can lead to a realization or awakening to previously missed opportunities or overlooked blessings. While the upright position of this card may indicate introspection, apathy, or discontentment with one's current situation, its reversed counterpart can prompt a renewed sense of clarity and a desire to re-engage with the world. This renewed awareness can lead to a greater appreciation of opportunities that were once dismissed and a willingness to embrace new experiences.

Moreover, the reversed Four of Cups can signify the end of a period of introspection. For those feeling stuck or in a rut, this card can herald a period of motivation and forward movement. It's a reminder to break free from stagnation, embrace change, and actively seek out positive experiences. This card reminds us to focus on our blessings and be open to the many possibilities life offers.

Upright Interpretations

General Reading: The Four of Cups alludes to the possibility of experiencing a sense of unfulfillment or lack of inspiration towards current events. This may stem from an overwhelming apathy towards circumstances, either from fixating on past letdowns or getting entangled in personal emotions. It serves as a reminder to take note of one's feelings and be mindful of the opportunities available for one's grasp.

Love Reading: The presence of emotional distance or lack of interest may lead to tension and difficulties. Those not currently in a relationship may be experiencing a sense of disconnection from the dating world or finding it challenging to move on from previous romantic experiences, making it difficult to pursue new connections.

Health Reading: You're in a phase of emotional disinterest or lack of concern towards your physical and mental health. To address this, it is vital to reconnect with your body and emotions. Seeking professional help can also prove beneficial. Avoid overlooking any signs and symptoms that may arise and ensure to prioritize your mental well-being.

Career Reading: This signals a lack of satisfaction or challenge in one's professional role. Though possibilities for progress or transformation may exist, one could be missing them due to either complacency or fear.

Reversed Interpretations

General Reading: There's a shift in perspective, indicating a growing consciousness and eagerness to re-engage with the world. No longer feeling stagnant, the card pushes for a movement away from self-reflection towards action.

Love Reading: Having previously kept a distance or been closed off, you may be inclined to repair relationships or pursue new romantic opportunities. This suggests that your emotions are beginning to awaken.

Health Reading: There are signs of a favorable change in one's outlook on health. The individual displays heightened eagerness to tackle and enhance physical and mental wellness. This could imply a recognition of certain behaviors or ways of thinking negatively impacting their health.

Career Reading: Your perspective on your career may shift as you begin to recognize previously overlooked opportunities. You may feel a renewed drive to pursue growth, embrace challenges, or alter your course if you feel stagnant.

The Four of Cups is a Tarot card that often depicts a figure sitting beneath a tree, in deep contemplation or perhaps even disillusionment. In front of the individual are three cups, typically filled and standing upright, symbolizing life's emotional offers or experiences. Floating above or to the person's side is a fourth cup, presented by a hand emerging from a cloud, indicating an additional offer or opportunity from the universe.

The scene encapsulates a feeling of introspection, indifference, or dissatisfaction. The figure's demeanor suggests they are engrossed in their thoughts and possibly missing out on the present moment or the opportunities that life presents.

Depending on one's perspective, the lone floating cup symbolizes a new opportunity or a missed one. Overall, the card brings forth themes of contemplation, missed chances, disinterest in current circumstances, and the need for emotional re-evaluation. It reminds us to be aware of our surroundings and not to get too lost in introspection, lest we miss out on what life has to offer.



ZODIAC: Pisces (February 19 – March 20) is a Water sign ruled by Neptune. Pisceans are known for their emotional depth and keen intuition.



Scorpio (October 23 – November 21) is a Water sign ruled by Pluto. Scorpions are known for their intensity and depth.



Cancer (June 21 – July 22) is a Water sign ruled by the Moon. Cancers are highly empathetic, although they can be initially perceived as cold and distant. They're often caregivers and nurturing.



ELEMENT: Water rules emotions and is a symbol of healing, peace, dreams, and compassion. It is associated with Winter, the Suit of Cups, and the West cardinal direction.



HERMETIC QABALAH Associated Hebrew Letter: Heh – Window (Vision, Reasoning)



QABALISTIC SEPHIROT: Chesed (Mercy)



TIMING: July 12 – July 21